



## **103rd Sustainment Command (Expeditionary)**

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### **Brothers serve together as medics in Iraq**

224th Sustainment Brigade Public Affairs

**CONTINGENCY OPERATING BASE ADDER, Iraq** – An Army medic from the Headquarters and Headquarters Company, 224th Sustainment Brigade, 103rd Sustainment Command (Expeditionary), promoted his brother, also a medic, August 26 at Contingency Operating Base Adder, Iraq.

“It was nice promoting my brother; it makes it easier for people to distinguish the two of us,” said Spc. Brian Tugmon, a medic with the 224th Sust. Bde., and a San Dimas, Calif., native. “I wish I could've done it the ol' fashion way with a spinning back-kick to the chest, but I'll settle with a punch.”

“It is an honor to get promoted to the rank of Sergeant,” said Sgt. Jason Tugmon, a medic with the 224th Sust. Bde., and a San Dimas, Calif., native. “It would have been an honor to have anyone pin me, but it was especially meaningful to have my little brother here to do it.”

These two brothers serve together at the 224th Sustainment Brigade Troop Medical Clinic on COB Adder. Their daily routine consists of seeing patients for sick call, taking Soldiers' vitals (blood pressure, heart rate, oxygen saturation, etc.) and on

occasion, administering intravenous fluids, giving anthrax or flu vaccinations. They will periodically do rotations at the Combat Support Hospital on COB Adder and be medics on convoys.

Despite working together in close quarters and living in the same housing unit, these two maintain a positive attitude and maintain a healthy sibling relationship.

“Having my brother here is a blessing; the only downside is I worry about him when I'm out on convoys,” Jason Tugmon said. “It's weird, but when I'm here on the post I feel like he's protected. For the most part it's great though because I have someone I can confide in.”

“Surreal isn't the word, but it's the first one that comes to mind. Deploying with my bro is certainly a different feeling, it's nice though. We are already predisposed to each other's expectations,” Brian Tugmon said. “We respect one another enough not to get in tedious fights. We have the ability to share and help each other through stressful times, which a lot of siblings don't have.”

Although these two share a passion for the medical field and Soldier care, they take pride in their differences and find time to explore their individual goals and activities.

“One activity we do by ourselves is our school work. We both go to the same online school which is Grantham University. Brian is working on his undergraduate work and I'm working on a Masters in Health Care Administration,” Jason Tugmon said.

“Brian oftentimes goes to the education center to do his work where as I like doing mine in the CHU (container housing unit). I'm too lazy to go anywhere after work.”

“My brother and I have different hobbies, but one thing we do consistently is go to the gym together. On my free time, I go to the chapel and play bass guitar,” Brian

Tugmon said. “I'm actually trying to put a cover band together for the COB (COB Adder). I also frequently go to the education center to receive help for my online classes.”

These two will complete their tour in Iraq with the 224th Sust. Bde., until its redeployment to Long Beach, Calif., in 2011. Brian Tugmon said he wants to get back in school full-time and wants to get a college job as a bartender. Jason Tugmon said he will continue working on the Masters at Grantham, take the prerequisites for the PA program, and hopefully get accepted into the PA program at Fort Sam Houston or another similar program elsewhere.

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**LAV\_5560** – Spc. Brian Tugmon, a medic with the Headquarters and Headquarters Company, 224th Sustainment Brigade, 103rd Sustainment Command (Expeditionary), and a San Dimas, Calif., native, promotes his brother Sgt. Jason Tugmon, a medic with the 224th Sust. Bde., and a San Dimas, Calif., native, at “The Saber” headquarters building August 26 at Contingency Operating Base Adder, Iraq. (US Army photo by 1st Lt. Nathan Lavy)



**LAV\_5690** – Spc. Brian Tugmon, and Sgt. Jason Tugmon, medics with the Headquarters and Headquarters Company, 224th Sustainment Brigade, 103rd Sustainment Command (Expeditionary), and a San Dimas, Calif., natives, serve together at the 224th Sustainment Brigade Troop Medical Clinic August 30 at Contingency Operating Base Adder, Iraq. (US Army photo by 1st Lt. Nathan Lavy)



**LAV\_5642** - Spc. Brian Tugmon, a medic with the Headquarters and Headquarters Company, 224th Sustainment Brigade, 103rd Sustainment

Command (Expeditionary), and a San Dimas, Calif., native, takes a Soldier's vitals at the 224th Sustainment Brigade Troop Medical Clinic August 30 at Contingency Operating Base Adder, Iraq. (US Army photo by 1st Lt. Nathan Lavy)



**LAV\_5658** - Sgt. Jason Tugmon, a medic with the Headquarters and Headquarters Company, 224th Sustainment Brigade, 103rd Sustainment Command (Expeditionary), and a San Dimas, Calif., native, issues a prescription to a Soldier at the 224th Sustainment Brigade Troop Medical Clinic August 30 at Contingency Operating Base Adder, Iraq. (US Army photo by 1st Lt. Nathan Lavy)



**LAV\_5646** - Sgt. Jason Tugmon, a medic with the Headquarters and Headquarters Company, 224th Sustainment Brigade, 103rd Sustainment Command (Expeditionary), and a San Dimas, Calif., native, supervises and assists another Soldier in updating medical information at the 224th Sustainment Brigade Troop Medical Clinic August 30 at Contingency Operating Base Adder, Iraq. (US Army photo by 1st Lt. Nathan Lavy)



**LAV\_5682** - Spc. Brian Tugmon, a medic with the Headquarters and Headquarters Company, 224th Sustainment Brigade, 103rd Sustainment Command (Expeditionary), and a San Dimas, Calif., native, updates a Soldier's medical records at the 224th Sustainment Brigade Troop Medical Clinic August 30 at Contingency Operating Base Adder, Iraq. (US Army photo by 1st Lt. Nathan Lavy)

Story and photos by 1st Lt. Nathan Lavy, 224th Sustainment Brigade Public Affairs.

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